Tashahhud : After the second prostration resume the kneeling position, and recite:

Ash hadu al laa ilaaha illallaahu wahdahu laa shareeka lah, wa ash hadu anna Muhammadan `abduhu wa rasuluh Allaahumma salli `alaa Muhammadin wa Aali Muhammad	*I bear witness that there is no god apart from Allah, Who is unique and without partners. I also bear witness that Muhammad is His servant and His Prophet. O God, bless Muhammad and the progeny of Muhammad.*

If you are performing the *Fajr* (Dawn) prayer, please skip the rest and go to section entitled **Completion.**

If you are performing the *Zuhr* (Midday), *`Asr* (Afternoon), *Maghrib* (Dusk), or *`Isha* (Night) prayer, continue by standing up for the third unit while reciting ***Bihawlillahi….*** as described at the end of the section **First *Rak`ah***.

Third *Rak`ah*

**At-Tasbihat al-Arba`ah** : After regaining the upright posture, either recite *Surat al-Fatiha*, or recite *al-Tasbihat al-Arba`ah* three times, as follows:

Subhaanallaahi wa'l hamdu lillaahi wa laa ilaaha illallaahu wallaahu akbar
Glory be to God, and praise be to God; there is no god but Allah, and Allah is Greater

Perform the *ruku`*, stand up momentarily and then do the two *sujud*. This is exactly as described under section **First *Rak`ah***. If you are performing the *Maghrib* (Dusk) prayers, recite the *Tashahhud* next. Then skip the rest and go to **Completion**.

If you are performing the *Zuhr* (Midday), *`Asr* (Afternoon), or *`Isha* (Night) prayer, continue by standing up for the fourth *rak`ah* while reciting ***Bihawlillahi….*** as described at the end of the section **First *Rak`ah***.

Fourth *Rak`ah*

This is identical to the third *rak`ah*. After the second prostration resume the kneeling position, and recite the *Tashahhud.*

Completion

After reciting the *Tashahhud* of the final *rak`ah*, recite the **Taslim** *(Salutation)* which completes your prayer:

Assalaamu `alayka ayyuhan nabiyyu wa rahmatullaahi wa barakaatuh Assalamu `alaynaa wa `alaa `ibaadillaahis saaliheen Assalamu `alaykum wa rahmatullaahi wa barakaatuh	*Peace be upon you, O Prophet, and God's mercy and blessing. Peace be upon us, and upon the righteous servants of God. Peace be upon you [all], and God's mercy and blessing.*

Thereafter (optionally) say *Takbir* three times.

To find out further details about the ritual and spiritual aspects of the Daily Prayers, visit:

http://al-islam.org/faq/

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"…but when ye are free from danger, set up Regular Prayers: For such Prayers are enjoined on believers at stated times."
(Qur'an: Chapter 4, Verse 103)

How to Perform the Daily Prayers

It is obligatory to perform the following five prayers every day during the prescribed times:

- *Salat al-Fajr* (**Dawn** prayer), which consist of two units (each unit of prayer is called a *rak`ah*)
- *Salat al-Zuhr* (**Midday** prayer) consisting of four units
- *Salat al-`Asr* (**Afternoon** prayer) consisting of four units
- *Salat al-Maghrib* (**Dusk** prayer) which consist of three units
- *Salat al-`Isha* (**Night** prayer) consisting of four units.

Performing the Daily Prayers according to the Shi'ah Ja'fari school of law involves taking prescribed steps in order (*tartib*) and in regular succession without undue delay between them (*muwalat).* The person must first perform preliminary purification (*ghusl*, if necessary, or *wudhu*) and fulfil all other prerequisites.

Preparation

Stand upright facing the *Qiblah* (direction of Mecca) and recite the *adhan* and *iqama*. Please note that all the recitations during the prayer must be in Arabic. Although approximate transliteration has been given below for each recitation, it is best to try and learn the Arabic script and pronounciations.

Niyyah : Form the following solemn intention in your mind: **"I offer this ____** (name of a particular prayer) **prayer**, **of ____** (number of units) ***rak`ah*'s seeking closeness to God".**

The First *Rak`ah*



Takbiratul Ihram : Lift both hands up to the ears and say:

Allaahu akbar
God is Greater

This sentence, the **Takbir**, will be repeated several times during the prayer.

Qiyam : Remain in the standing position while performing the recitations in the next step, *Qira'ah*.

Qira'ah : Initially, recite the first Chapter of the Holy Qur'an, *Surat al-Fatiha*

Bismillaahi'r-Rahmaani'r-Raheem	*In the Name of God, the Merciful, the Compassionate*
Al-hamdu lillaahi rabbil-`aalameen Arrahmaanir raheem Maaliki yawmid-deen Iyyaaka na`budu wa iyyaaka nasta`een Ihdinas-siraat al-mustaqeem siraat al-ladheena an`amta `alayhim ghayril maghdoobi `alayhim wa la'd-daalleen	*Praise belongs to God, Lord of the World, the Merciful, the Compassionate, Master of the Day of Judgement; We worship only You, and from You alone do we seek help. Lead us on the straight path, the path of those whom You have blessed, not of those on whom is [Your] Wrath, nor of those who have gone astray.*

Second, recite another complete Chapter of the Holy Qur'an (we choose the short chapter number 112, *Surat al-Ikhlas*).

Bismillaahi'r-Rahmaani'r-Raheem	*In the Name of God, the Merciful, the Compassionate*
Qul huwallaahu ahad Allaahus samad Lam yalid walam yoolad Wa lam yakullahu kufuwan ahad.	*Say: 'He is God, the One, God the Eternal and Besought of all, Neither begetting nor begot, Nor is there anything comparable or equal to Him.*



Ruku` : After completing the second chapter, the worshipper would say the *Takbir* (see above) and then bow down until the hands can be placed on the knees. The following *dhikr* (glorification) should be recited once in this position:

Subhaana rabbiy al-`azeemi wa bihamdih
Glory be to my Lord, the Great, and praise belongs to Him

Resume the standing position and recite:

Sami`allaahu liman hamidah
God hears the one who praises Him

Say *Takbir*, then go into Prostration (*sujud*)

Sujud means that one should place one's forehead on earth in a special manner, with the intention of humility before God.



While performing the *sujud*, it is obligatory that both the palms and the knees, and both the big toes be placed on the ground. The following *dhikr* should be recited in the *sujud* once:

Subhaana rabbiy al-a`laa wa bihamdih
Glory be to my Exalted Lord, and praise belongs to Him



After first *sujud*, raise the forehead and sit up in a kneeling position with the ankle of the right foot in the sole of the left foot, with hands resting on the thighs and say *Takbir*, optionally followed by:

Astaghfirullaaha rabbee wa atoobu ilayh
I ask forgiveness of God, my Lord, and turn towards him

followed by *Takbir* again. Repeat the *sujud* again and then sit up in a kneeling position and say *Takbir*.

Sit up for a moment and then rise while (optionally) saying:

Bihawlillaahi wa quwwatihi aqoomu wa aq`ud
With God's help and through His power I stand and sit

Second *Rak`ah*

After regaining the upright posture, recite *Surat al-Fatiha* and another *Surah* of the Holy Qur'an as in the first *rak`ah*. Then say *Takbir*, and then do *Qunut*.

Qunut : Keep your hands in front of your face, turning the palms facing upwards, and keeping both the hands and the fingers close together. Recite the following



Rabbanaa aatinaa fi'd-dunyaa hasanatan wa fi'l-aakhirati hasanatan wa qinaa `adhaab an-naar
O our Lord! Bestow upon us good in this world and good in the Hereafter, and protect us from the torment of the fire
[Qur'an, chapter 2, verse 201]

[Note: *Qunut* is an optional step]

Say *Takbir*, followed by the *ruku`*, then the two *sujud*, both as described for the first *rak`ah*.